



Foundations Dance Classes:

Ballet - Foundations:

Wednesdays 11:00am-12:00pm and Wednesdays 6:00-7:00pm

Jazz - Foundations:

Thursdays 10:00-11:00am

Contemporary - Foundations:

Wednesdays 7:00-8:00pm

Tap-Foundations:

Tuesdays 9:00-10:00am

Hip Hop - Foundations:

Mondays 8:00-9:00pm

Musical Theater - Foundations:

Mondays 6:15-7:00pm

Back to Dance Division:

Contemporary - Back to Dance:

Sundays 4:30-5:30pm

Jazz - Back to Dance:

Sundays 5:30-6:30pm and Thursdays 6:00-7:15pm

Ballet - Back to Dance

Tuesdays 6:00-7:30pm

Tap - Back to Dance

Tuesdays 7:30-8:30pm

Fitness Division:

Pilates:

Mondays 5:30-6:15pm

UpBeat Barre:

Tuesdays 12:00-12:45pm and Sundays 2:45-3:30pm

Stretch and Strengthen:

Thursdays 11:00-11:45am

Pro Dance Division:

Workshops and classes TBA